

Rescue North Carolina
Presents
**Swiftwater Rescue Technician
Unit I**

Southwestern Community College
Bryson, City, NC

May 1,2,3, 2010

August 28,29,30, 2010



Course Overview



In an effort to promote swiftwater and technical rescue throughout the Southeastern United States, we are pleased to announce the offering a Swiftwater Rescue Technician Unit I (SRT I) course to any fire & rescue, law enforcement, military, or other emergency provider.

The SRT I course addresses various aspects of swiftwater and flood emergencies with a focus upon rescuer safety and team efficiency during these types of emergencies. This course is a physically intensive, 30 hour class that includes classroom instruction followed by two days of developing and practicing water rescue skills.

Emphasis of this course is upon self-rescue skills and meets and/or exceeds the skills taught within N.F.P.A. 1006 Awareness and Operations for swiftwater rescue. Other topics include an in-depth analysis of hydrology, handling hazards and obstacles, rescue equipment familiarization, utilizing basic rope systems, conducting in-water contact rescues, and much more. Information from this course is applicable to anyone confronted with potential water rescue, as well as, the possibility of self-rescue.

Skills acquired within the course include:

- *Rescuing and extricating an accident victim from the water.*
- *Safely swimming in swiftwater and maneuvering so as to negotiate river hazards and obstacles at various water levels.*
- *Handling small inflatable boats by paddle, or on tether.*
- *Utilizing climbing and technical rescue gear applicable to swiftwater rescue.*
- *Fording shallow and fast-moving water utilizing various techniques.*
- *Crossing deep, slow-moving and fast-moving water utilizing basic climbing gear, small boats, and combinations of the two.*

Students receive a course manual, skill sheet, test, certificate of completion, I.D. card, and patch during the class.

This is a physically and mentally challenging course, those with phobias of swimming class

I, II rapids or extensive health problems are discouraged from attending this course!

Class Info

The SRT I is the first of three classes needed for personnel to meet the requirements for the Technician level NFPA 1670 Standard on Operations and Training for Technical Rescue Incidents and the NFPA 1006 Standard for Rescue Technician Professional Qualifications in the area of water rescue. The class will be delivered in two separate locations. The lecture will be held at the South Fork VFD promptly at 1800 hrs. The river portion will be taught at the Nantahala River.

Students will be exposed to:

- *Basic Knots used in water rescues.*
- *Hydrological aspects*
- *Strainer Drills*
- *Shallow Water Crossing techniques*
- *Medical considerations.*
- *Simple & Compound Mechanical Advantage Systems*
- *Single & Multi-Point Anchoring Systems*
- *Live Bait Swimming*
- *Throw bag Operations*
- *Improvised Rope Rigging*



Prerequisites:

- No extensive medical condition (heart problems, obesity, back problems...)
- Adequate swimming ability
- Must be 18 years old
- Health Insurance or Worker's Compensation coverage

Cost:

Due to the sponsorship of local community colleges, most of our Rescue 3 Int. courses are offered at a reduced rate. The shared costs between the community college and the student are 25% lower than the Rescue 3 Corporate rate.

Email tsmith@rescuenc.com for pricing details.

The Schedule(s):

Day 1	1300-2200	SCC Swain Ctr.	Lecture
Day 2	0800-1800	Nantahala River	Swimming Skills
Day 3	0800-1800	Nantahala River	Rescue Skills

Training locations may vary so students will need to provide their own transportation.

Equipment

Students will need to bring with them to class:

- An approved USCG Type V personal flotation device (PFD)
- A rock climbing or water rescue vented helmet
- Drysuits or wetsuits (5mm or thicker) are encouraged.
- Synthetic Undergarment (Polypropylene)
- Neoprene gloves for thermal protection
- Snacks & water during class
- Clothing suitable for the environment

Lodging:

[Click here for interactive map of area lodging and meals](#)

Lodging for the course will not be provided. Students will need to provide their own lodging in the Cherokee region.

Students attending this class at the Swain Center of Southwestern Community College are encouraged to obtain lodging in the Bryson City region as this is close to the lecture site and approximately 15 miles from the training sites on the river.

- [Microtel Inn \(Bryson City, NC\)](#) 1-828-488-7900
- [Watershed Cabins](#) 1-888-604.3075
- [Nantahala Cabins](#) 1-877-488-1622
- [The Cabins at Nantahala](#) 1-888-447-4436
- [Sleep Inn \(Bryson City\)](#) 1-828-488-0326
- [Falling Waters Group Lodging](#) 1-800-451-9972
- [Nantahala Campground](#) 1-800-936-6649
- [Nantahala Outdoor Center Lodging](#) 1-888-905-7238

Meals:

Meals, snacks, and travel are at the expense of each student. There will be breaks for meals throughout the course. **Plan for a class Steak Dinner at the River Rock Grill in Bryson City following class on Saturday night!! (Dutch of course!)**

Directions:

Lecture Site:

****NEW**** [Click here for interactive Google Map to Lecture River Site](#)

(Note: Click on the links to the side of the map to see the training locations)

The lecture portion of the course will be conducted at the Swain Co. Center for Southwestern Community College.



**60 Almond School Rd
Bryson City, NC 28713
828.488.6413**

Directions:

Located 5 ½ miles west of Bryson City on Highway 74 in the Luada Community, the Swain Center occupies the old Almond School. This charming old school building houses the Institute of Heritage Arts, the Small Business and

Business and Industry Center, Sali Conference Center, the Outdoor Leadership program, computer labs, general classrooms

River training site is located at the Nantahala River Commercial Launch site at the intersection of U.S. 74/19 & Wayah Rd. in Macon County. Just west of the Patton's Run overlook in Topton, NC.

Questions???

Contact Instructor Trey Smith at tsmith@rescuenc.com if you have any questions. Or you can reach him at 704-507-6152.
