

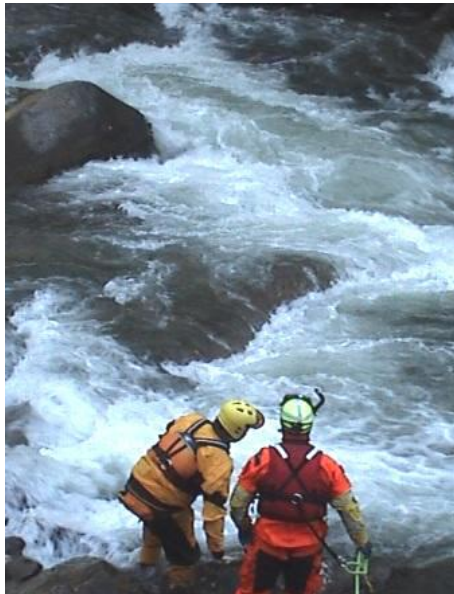
**Rescue North Carolina**  
*Presents*  
Rescue 3 International's  
**Swiftwater Rescue Technician Unit I**



**Halifax Co. & Weldon, NC**  
**September 24,25,26, 2010**

Visit our website at <http://rescuenc.com> to learn more or pre-register.

## **Course Overview**



In an effort to promote swiftwater and technical rescue throughout the Southeastern United States, we are pleased to announce the offering of a Swiftwater Rescue Technician Unit I (SRT I) course to any fire & rescue, law enforcement, military, or other emergency provider.

The SRT I course addresses various aspects of swiftwater and flood emergencies with a focus upon rescuer safety and team efficiency during these types of emergencies. This course is a physically intensive, 30-hour class that includes classroom instruction followed by two days of developing and practicing water survival & rescue skills.

Emphasis of this course is upon self-rescue skills and meets and/or exceeds the skills taught within N.F.P.A. 1006 Awareness and Operations for swiftwater rescue. Other topics include an in-depth analysis of hydrology, handling hazards and obstacles, rescue equipment familiarization, utilizing basic rope systems, conducting in-water contact rescues, and much more. Information from this course is applicable to anyone confronted with potential water rescue, as well as, the possibility of self-rescue.

**This is a physically and mentally challenging course! Those students with phobias of swimming class I & II rapids, extremely cold water (35°), or extensive health problems (heart, trauma, respiratory...) are discouraged from attending this course!**

Skills acquired within the course include:

- *Rescuing and extricating an accident victim from the water.*
- *Safely swimming in swiftwater and maneuvering so as to negotiate river hazards and obstacles at various water levels.*
- *Handling small inflatable boats by paddle, or on tether.*
- *Utilizing climbing and technical rescue gear applicable to swiftwater rescue.*
- *Fording shallow and fast-moving water utilizing various techniques.*
- *Navigating deep, slow-moving and fast-moving water utilizing basic climbing gear, small boats, and combinations of the two.*

Students receive a course manual, skill sheet, test, certificate of completion, I.D. card, and patch during the class.

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## Class Info

The SRT I is the first of three classes needed for personnel to meet the requirements for the Technician level NFPA 1670 Standard on Operations and Training for Technical Rescue Incidents and the NFPA 1006 Standard for Rescue Technician Professional Qualifications in the area of water rescue. The class will be delivered in two separate locations.



The lecture portion will be held at the Halifax Community College in Weldon, NC. The river portion will be taught at the boat launch site for the Roanoke River in Weldon, NC. (Approx. 10 min. away)

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## Prerequisites:

- No extensive medical condition (heart problems, obesity, back problems...)
- Adequate swimming ability
- Must be 18 years old
- Health Insurance or Worker's Compensation coverage

## Cost:

**\$150 for first time students; \$100 for re-certifying students**

Please contact Instructor Trey Smith for payment details at [tsmith@rescuenc.com](mailto:tsmith@rescuenc.com) or 704-507-6152.

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## The Schedule

Day 1	1300-2100	Halifax Comm. College	Lecture
Day 2	0800-1800	Roanoke River/Weldon, NC	Swimming/ Survival Skills
Day 3	0800-1800	Roanoke River/Weldon, NC	Rescue Rigging Skills

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## Equipment

Students will need to bring them to class:

- An approved USCG Type V personal flotation device (PFD)
  - A rock climbing or water rescue vented helmet
  - Drysuits or wetsuits (5mm or thicker) are encouraged.
  - Synthetic Undergarment (Polypropylene)
  - Neoprene gloves for thermal protection
  - River boots with neoprene protection are suggested.  
"No surfer shoes"
  - Snacks, Lunch, & water during class
  - Clothing suitable for the diverse mountainous climate
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**Lodging:** Students are encouraged to obtain lodging in the Weldon, NC area.

Lodging for the course will be not be provided. Students will need to provide their own lodging in the between Greenville and Weldon, NC regions.

View Lodging Options in Goggle [Weldon SRT Maps](#)

**Econo Lodge**  
1615 Roanoke Rapids Road,  
Weldon, NC -  
(919) 536-2131

**Hampton Inn Roanoke Rapids**  
1914 Julian R Allsbrook Hwy  
Roanoke Rapids, NC 27870  
(252) 537-7555

**Days Inn - Weldon**  
I-95 Exit 173  
1611 Julian R. Allsbrook Hwy,  
Weldon, NC 27890  
(252) 536-4867  
[daysinn.com](http://daysinn.com)

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## Meals:

Meals, snacks, and travel are at the expense of each student. There will be breaks for meals throughout the course. There are ample restaurants throughout the area.

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## Directions:

### Directions to Halifax Community College:

The first session of class will be conducted at the Weldon Campus of Halifax Community College located at: 200 College Drive; Weldon, NC 27890

View [Pitt Co. Rescue 3 Courses](#) in a larger map

### Directions to Roanoke River ;Weldon, NC Training Site:

We are training at a series of rapids at a boat launch site on **Rock Fish Dr.** in **Weldon**, NC The rapids vary in river class dependent upon river levels.

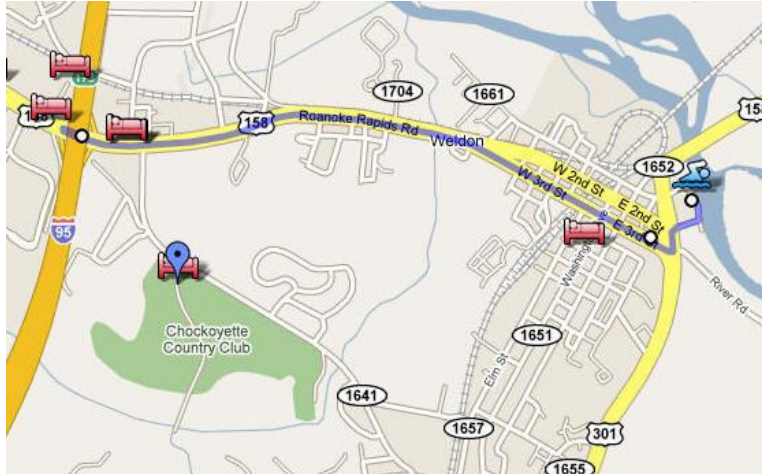
### From I-95 South: (From Virginia)

1. Exit I-95 at Exit #173.
2. Turn left and go under I-95 bridge onto Hwy. 158 (Julian Allsbrook Hwy.)
3. Follow 158 approx. 3 miles
4. Bear right at fork in road onto 3rd Street.
5. Turn left onto Hwy. 301
6. Go 300 feet and turn onto Rock Fish Dr.

### From I-95 North: (From North Carolina)

1. Exit I-95 at Exit #173.
2. Turn right onto Hwy. 158 (Julian Allsbrook Hwy.)
3. Follow 158 approx. 3 miles
4. Bear right at fork in road onto 3rd Street.

5. Turn left onto Hwy. 301
6. Go 300 feet and turn onto Rock Fish Dr.



[Weldon Training Site Map](#)

## Questions???

Contact Instructor Trey Smith at [tsmith@rescuenc.com](mailto:tsmith@rescuenc.com) if you have any questions. Or you can reach him at 704-507-6152.